

# The Wello Hello

Volume 10, Issue 08, 21<sup>st</sup> October 2018

Club 83404 | District 9630 | PO Box 2231 Wellington Point QLD 4160



## OFFICE BEARERS

President: Lorraine Hooker  
Vice President: Vacant  
President Elect: Catherine Smith  
President Nominee: Vacant  
Secretary: Sue Reid  
Treasurer: Peter Moody  
Sergeant: Steven Knight  
Editor: Catherine Smith  
Corporal: Glen Brown

## DIRECTORS

Effective Services: Matt Knight  
Foundation: Catherine Smith  
Administration: Di Thompson  
PR/Publicity: Kenn Van Noort  
Membership: Neil Waterer  
New Generations: Barry Melgaard

## WHO WE ARE

Rotary is a global network of 1.2 million neighbours, friends, leaders, and problem-solvers who come together to make positive, lasting change in communities at home and abroad.

For more than 110 years, our 35,000+ clubs have worked together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies

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## LOGGING IN WITH LORRAINE

Greetings again from across the seas - lovely being back on my other 'home' turf for a few days and trying to fit in as much as I can in the short time available.

On Thursday I was a guest at Tauranga Te Papa Rotary Club and it was lovely to join in their lunchtime meeting. Their speaker was inspirational - a gentleman from Graeme Dingle Foundation - google the site and have a look at the work they do through one of their projects, Kiwi Can. We have similar organizations in Australia but it was lovely to hear how their activities inspire young people to do, and to make more of their lives.

The Rotary Club also have a connection with Vanuatu and it was good to share with them about some of the projects we have been involved in. This group of predominantly businessmen certainly got a giggle out of our 'basket blong titi' donations and some of them have been involved in similar projects by taking bras to Vanuatu, but the distributions have been to other areas in Vanuatu.

On Friday it was the start of the 60th reunion of the Girls College that I attended and was privileged to be able to conduct their 'Time of Reflection and Remembrance' at the opening ceremony. It serves as a reminder to us to appreciate every day and with our Rotary involvement, to continue to be the inspiration.

So - in goodwill - and in appreciation for the better friendships we share for being Rotarians in our Wellington Point Rotary family, I thank you.

Thinking of you all - see you all next week and I thank you for being 'you'.



## UNDER THE SPOTLIGHT

Here's for some exciting news...Our Rotary Club made it in the Talanoa Newsletter for achieving the DG's Challenges. Let's take a look at the interview below featuring our lovely President Lorraine.

Q and A with First Rotarian to achieve the prestigious DG challenge

1. — Your why in Rotary?

I knew a little bit about Rotary - like minded people - wanting and capable of improving the lives of other less fortunate. This suited me - along with the opportunity to meet and network locally and to make new friends.

2. Your Rotary moment?

As for having a Rotary moment - realistically every day is a Rotary moment because every day I find myself grateful to be able to serve my fellow man sometimes in even a very small way - whether it be by a cheery word - a hand up - even a smile, whilst upholding the values of our organization and maintaining a life balance. Life is a privilege and by being a Rotarian, I am privileged.

### 3. Projects you have taken part in?

I have taken part in many major projects – Garage Sales for both drought and flood relief – current the chairperson and co-ordinator of the Giant Redlands Community Drought Relief Garage sale this coming weekend. There have been charity Bike Rides, Christmas present wrapping services, Cleaning up the Point under the Adopt a Road scheme: conducting live interviews with polio sufferers for the Polio Road show: even selling raffle tickets and so much more - yes, even sausage sizzles. Taking part in RYDA days - watching senior high school students gain a little more wisdom when it comes to getting behind the wheel of car - encouraging road safety: how good is that. The importance of sewing the seed for road safety is so important. There is so much more I could add - but this year is the encouragement to all Rotarians to be the inspiration: Rotary inspires me - and I hope I can inspire others along the way.

### 4. In which year were you inducted in Rotary and by which Club?

Rotary Wellington Point was chartered in 2010 and I was inducted a few months after the chartering of this new club in September. Since then I have held the roles of Sergeant, Director of Membership, Effective Services Director and have held the roles of President of the Club in 2014, 2015, 2017 and 2018 (four times!)

## NEWS

Our Rotary family has been up and at it over the past few weeks – and by the looks of things, this momentum is still in full swing! There are a few upcoming events that might tickle your fancy, like the Redlands Walk for Polio on Thursday 1<sup>st</sup> November at the Wellington Point Reserve (9am). Registration costs \$25 where fundraising efforts from the sponsorship of your walk will go towards the PolioPlus Fund. Check out [www.clevelandrotary.org.au](http://www.clevelandrotary.org.au) for more info. This is supporting World Polio Day on the 24<sup>th</sup> October – when the Victoria and Story Bridge will be lit up in Polio colours!

We will also be assisting with the cooking endeavours at the Wellington Point State School

beach party, which will be on Saturday 27<sup>th</sup> October. The more volunteers the merrier so if you would like to come along and help, please let our wonderful Wendy know.

And just so that you have plenty of time to start stretching your present-wrapping-muscles and practicing your taping techniques, our Christmas wrapping fundraising initiative will be on from 3<sup>rd</sup> December – 24<sup>th</sup> December. To start confirming your desired shifts for this great community event, please let our terrific Terry know.



We had the pleasure of formally inducting Kerry into our Rotary family – and what a great addition she will be! Kerry has already pitched in to help at some of our recent projects like the Garage Sale with great enthusiasm. Welcome Kerry!





The club was given a refresher on how to stress less through Helen's guidance, where she gave us a range of techniques and strategies to self-regulate better. It was also a thought-provoking discussion that touched on self-esteem and how it impacts our decisions, interactions with others and perception of the world around us.

through her physio work, including more recently with the Zika outbreak. Inspiring stuff indeed!

Updates from our club's many other activities and fundraising efforts will be revealed in due course, like the Diabetes Walk which saw some of our Rotarians giving a helping hand with the event.

### WHY I WEAR THE ROTARY WHEEL

This is a question every Rotarian has to ask himself or herself at least once as a Rotarian.

There are many reasons why I wear the Rotary wheel.

These are the reason some of the reason I wear the Rotary wheel.

1. I wear the wheel for my community.
2. I wear the wheel for the youth in my community.
3. I wear the wheel for the less fortunate in my community and in the world.
4. I wear the wheel for the Rotary foundation.
5. I wear the wheel for my Rotary family.

Some of the reasons you wear the Rotary wheel may be the same as mine, or they may be your own.

So I ask all Rotarians to read this small article to challenge themselves and name five reasons why they wear the Rotary wheel.

Yours in Rotary Glen Brown  
Sapphire PHF



Phillipa gave us the travel bug in telling us all about her adventures across the globe – where Rotary had a big role to play in this from a young age. Throughout her journey, Phillipa has been able to reach out to many families and communities

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## Links

Wellington Point: <http://www.rotaryclubofwellingtonpoint.org.au/>

Capalaba: <http://www.rotarycapalaba.org/>

Cleveland: <http://www.rotarnet.com.au/users/9/96308/index.htm>

Redland Sunrise: <http://www.redlandsunrise.org.au>

Wynnum-Manly: <http://www.wynnum-manly.rotaryclub.asn.au/>

Redland Bayside: <http://www.redlands.bayside.rotaryclub.asn.au/>

District 9630: <http://www.rotary9630.org/>

Rotary International: <http://www.rotary.org/>

The Four Way Test: Let's all learn it and live by it!

Of all the things we think, say and do...

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and better  
FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

## Apology System

If you are unable to attend a meeting, please advise your apologies to Di Thompson phone 0408985527 by 5pm on the Tuesday prior to our Wednesday meeting. If you are rostered for duty and are unable to attend, it is your duty to ensure a replacement is found for that duty, either by direct arrangement or, if there is sufficient time, by rearranging with Di.

Date	Event	Volunteers or Action required
21 <sup>st</sup> October	Diabetes Walk at Beth Boyd Park	Contact Barry Melgaard on 0466748210
27 <sup>th</sup> October	WPSS Beach Movie Night (WPRC cooking BBQ)	Contact Sue Reid on 0407133240
1 <sup>st</sup> November	Walk for Polio at Well/Pt (walk to King Island) at 9am Movie Fundraiser at L/Holme "Bohemian Rhapsody" - \$20	Contact Shirleymahon20132gmail.com Booking to Sue Mulraney 0416043454
10 <sup>th</sup> November	Trivia Night for Trinity Church Chaplaincy \$10	Contact Barry on 0466748210

## Rotary Club of Wellington Point | Fortnightly Newsletter

Date	17 <sup>th</sup> October	24 <sup>th</sup> October	31 <sup>st</sup> October	7 <sup>th</sup> November	14 <sup>th</sup> November
Chairperson	<del>Kenn Van Noort</del>	DI Thompson	Terry Ryan	Tracey Deane	<del>Johaas Kaa</del>
Attendance	Denise <del>Kolze</del>	Barry Melgaard	Gordon Lawrence	<del>Matty McKenna</del>	Catherine Smith
Wello Fellow	Kelly <del>Playford-Veal</del>	Glen Brown	Sue Reid	Kelly <del>Playford-Veal</del>	Mona <del>Brammell</del>
Speaker Facilitator	Denise <del>Kolze</del>	Board Meeting	Barry Melgaard	Lorraine Hooker	Kerry Bunker
Speaker	<del>Phillipa Needs</del>	N/A	Belinda <del>Attwell</del> and Monique Cora	<del>Kenn Van Noort</del>	TBA
Activity/Topic	<del>Zika Virus</del>	N/A	RYPEN CAMP	Facebook Marketing	TBA
Meeting Location	Front Room	Front Room	Front Room	Front Room	Front Room
Special Notes					

